

# The Clean Diaper Change Routine Checklist

Following safe steps for diaper changes is one of the most important ways to keep your family clean and healthy.



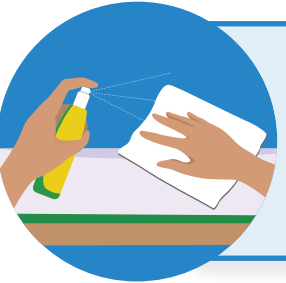
## Step One

- Have a designated bin for supplies and remember to wash hands before.
- Once you have everything you need, safely place your baby on the diapering surface.
- Recommend washing hands before and after and to keep hand sanitizer in their changing area for easy hand cleaning.



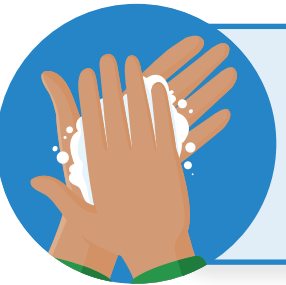
## Step Two

- After the diaper is changed and the baby is in a safe space, discard soiled diaper and wipes into a trash can.
- Keep dirty wipes/dirty diapers in an area that is separate from the clean wipes/clean diapers to reduce risk of cross contamination.



## Step Three

- Wipe away any visible soil with a damp paper towel or baby wipe, then wet the entire surface with disinfectant, making sure you read the label first to use properly.



## Step Four

- Wash your hands thoroughly with soap and water.
- Wipe/clean/disinfect the surfaces of any of the items/containers they touched during the changing process along with the direct changing surface.

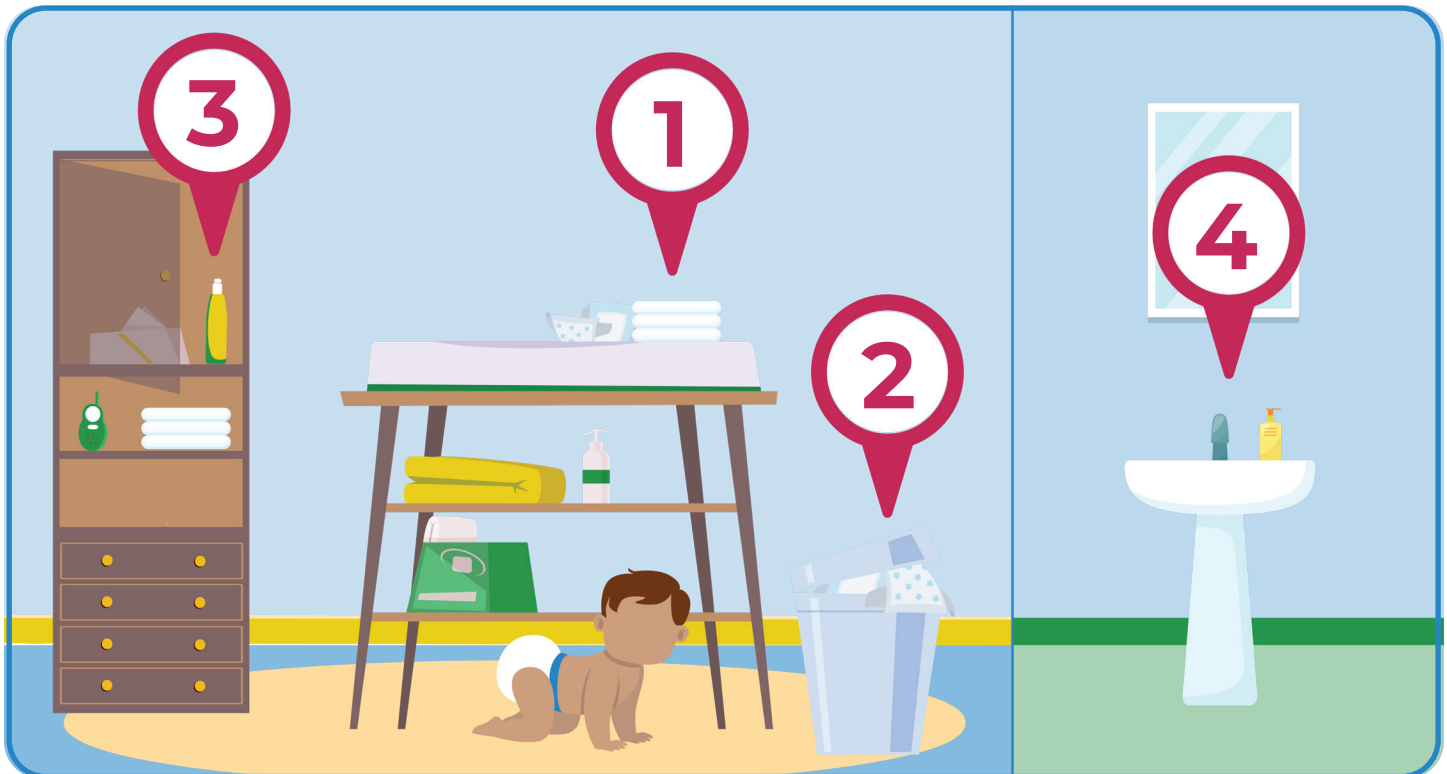
## Changing on The Go

- Find a clean safe area to change the diaper and wash your hands with soap and water. Consider using hand sanitizer.
- After changing the diaper and ensuring the baby's safety, dispose of the soiled diaper and wipes in a trash can.
- Wash your hands or use hand sanitizer. If you used your own changing pad, disinfect before the next use.



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