

The Good Roommate Checklist

Everyone likes to come home to a clean space. Here's how to easily conquer cleaning chores with your roommate.



LIVING SPACE

DAILY

- ☐ Clean & consider disinfecting frequently-touched surfaces.
- ☐ Clean visible messes.
- ☐ Pick up personal items.

WEEKLY

- ☐ Vacuum and/or sweep.
- ☐ Dust.

KITCHEN/KITCHENETTE

DAILY

- ☐ Clean & consider disinfecting frequently-touched surfaces. (countertops, refrigerator door, etc.).
- ☐ Clean visible messes and crumbs.
- ☐ Wash dishes.
- ☐ Put away food.

WEEKLY

- ☐ Clean out refrigerator and toss any expired or old food.
- ☐ Clean inside and outside of microwave.
- ☐ Vacuum, sweep and/or mop.

BATHROOM

DAILY

- ☐ Clean & consider disinfecting frequently-touched surfaces.
- ☐ Clean visible messes.
- ☐ Pick up and organize personal items.

WEEKLY

- ☐ Clean toilet.
- ☐ Clean sink and countertop.
- ☐ Clean shower/bath.
- ☐ Vacuum, sweep and/or mop.
- ☐ Wash towels and bathmats.

SAFETY 101

- ☐ Don't mix cleaning products.
- ☒ Keep cleaning products in their original containers with labels intact.
- ☒ Read and follow label directions when cleaning and disinfecting.

TIP!

Keep clutter to a minimum and take advantage of storage where you can, like using under the bed storage. Having lots of stuff around makes cleaning harder and gives dust room to collect. Since dust triggers asthma and allergies, wipe down surfaces like light fixtures, blinds, window frames and baseboards, using a clean cloth and some dusting product.

