



HEALTHY SCHOOLS HEALTHY PEOPLE



COMMIT TO CLEAN

Toolkit



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COMMIT TO CLEAN: Classroom Checklist

Classrooms are shared spaces that are important to keep clean for the well-being of students and staff. In addition to routine school cleaning and following best practices from public health organizations, it's important to pay additional attention to frequently touched areas of the classroom.

Here's how:



Desks, chairs and tables	Shared school supplies
Countertops	Classroom electronics
Door handles and knobs	Faucets and drinking fountains
Cabinets, lockers, and bookshelves	Toys and other children's items
Light switches	

Disinfecting 101

- ✓ **WHAT:** Frequently touched surfaces and objects in the classroom.
- ✓ **WHEN:** At least daily.
- ✓ **HOW:** Clean using soap or detergent. If choosing to disinfect, use an EPA-registered disinfectant*, apply product per the manufacturer's directions, leaving on the surface for the entire time indicated.

For food contact surfaces or toys, follow manufacturer's application instructions, then if label directions require, rinse thoroughly with potable water and allow to air dry or dry with a clean towel.

*[epa.gov/listn](https://www.epa.gov/listn)

Clean Classroom Tips

- ✓ Keep hand sanitizer with at least 60% alcohol handy in the classroom when schedules prohibit a trip to the bathroom to wash hands. Please supervise its use by younger students.
- ✓ Clear the clutter and focus on the most important teaching tools to reduce places that can collect dirt and germs.
- ✓ Consider removing items that get touched in the classroom but are difficult to clean, like area rugs or pillows.
- ✓ Discourage sharing of items that are difficult to clean or disinfect, like electronic devices or pens, pencils, crayons, etc.

Be Safe

- ✓ Never mix cleaning products.
- ✓ Always follow the directions on the label of cleaning and disinfection products.
- ✓ Open doors and windows to ensure adequate ventilation.
- ✓ Store and use cleaning and disinfection products out of reach of children.

If access to cleaning products is an issue, speak to school administrators.

Source: Centers for Disease Control and Prevention



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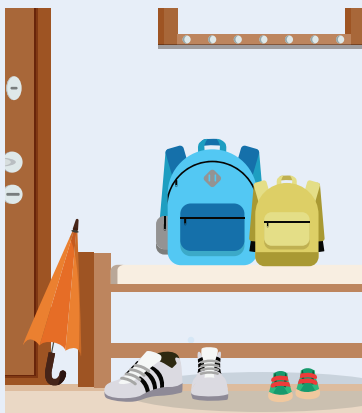




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COMMIT TO CLEAN: The After-School Routine

It's a new school year with new routines. Help keep your family and the school community safe by following **these steps for clean and healthy after-school activities:**



Leave backpacks, shoes, and outerwear near the door.



Encourage frequent handwashing with soap and water for at least 20 seconds, especially when returning home and before eating.



Wash and dry cloth face masks and clothing on the highest heat that is safe for the fabric.



Stay alert and monitor your child's health. If they're showing signs of being sick, keep them home to protect those who might be at risk.



For more tips on cleaning and disinfecting to prevent the spread of germs in your home, visit the Centers for Disease Control and Prevention at **CDC.gov**.

Source: Centers for Disease Control and Prevention



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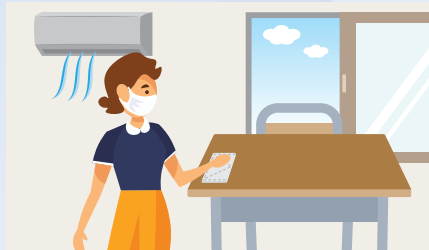
COMMIT TO CLEAN:

We're all responsible, as staff and faculty, to maintain a clean, healthy and safe environment for students, colleagues, and the school community at-large. Help keep our school clean to minimize the spread of germs throughout the day. **We're all in this together!**



Set the Example

- ✓ Wash your hands frequently with soap and water for at least 20 seconds and encourage others to do the same. (Schedule time for this.)
- ✓ Keep at least 60% alcohol-based hand sanitizer handy in the classroom when schedules prohibit a bathroom trip. Supervise its use by younger students.
- ✓ Stay home if you are feeling sick.



Keep Our Space Clean

- ✓ Clean frequently-touched surfaces and objects within your workspace at least daily.
- ✓ Remove items from common areas that are unnecessary or difficult to clean and disinfect.
- ✓ Close off areas used by a sick person and don't use until they have been cleaned. If someone was sick in the space in the last 24 hours, clean then disinfect with an EPA-registered disinfectant*.
- ✓ Help remind students to stay vigilant about handwashing, especially at key times like after going to the restroom and before lunch.
- ✓ Discourage sharing items to reduce contact from multiple people.



Be Safe

- ✓ Open doors and windows to ensure adequate ventilation while cleaning and disinfecting.
- ✓ Always follow the directions on the label of cleaning and disinfecting products.
- ✓ Open doors and windows to ensure adequate ventilation.
- ✓ Never mix cleaning and disinfecting products.
- ✓ Wear protective gear, such as gloves and eye protection, as recommended on the product label.
- ✓ Store and use cleaning and disinfecting products out of reach of children.

Source: Centers for Disease Control and Prevention

Commit to Clean: We All Have a Role to Play

Sometimes the smallest habits, like frequent handwashing, can make the biggest impact in keeping us all safe and healthy.

Here's the best way to get rid of those germs!



Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.



Lather your hands by rubbing them together with the soap. Be sure to scrub the backs of your hands, between your fingers, and under your nails.



Scrub your hands for at least 20 seconds.

(Tip: Hum the "Happy Birthday" song from beginning to end twice.)



Rinse your hands thoroughly under running water.



Dry with a clean towel or air drier.

Do your part.

Encourage others to clean their hands, too!

Source: Centers for Disease Control and Prevention

Social Media Content

Please feel free to use these posts and graphics on your social media channels.

Handwashing is a big part of keeping our school healthy. Let's all do our part! <https://bit.ly/2FOk32R> #HealthySchoolsHealthyPeople



We all have a part to play in keeping students healthy and learning. Here are some things families can do at home: <https://bit.ly/2ZHBDNe> #HealthySchoolsHealthyPeople

